2025 Boissevain Skating Club CanSkate Challenge Event

"Back in Time to 1920"

February 17, 2025 Boissevain, MB

> Hosted by Boissevain Skating Club Sanctioned by Skate Canada

2025 Boissevain CanSkate Challenge Event

Offers events from the FUNdamental Long Term Development Stage.

For Team Building, Sportsmanship and FUN!

Host: Boissevain Skating Club **Date:** Monday, February 17, 2025

All events will be held at: Boissevain Agricultural Arena 689 Rae St

Theme: "Back in Time to 1920"

The CanSkate Challenge Event is an initiative developed by Skate Canada in support of the organization's ongoing implementation of the Long-Term Development Model. The event has been formatted to introduce participants to the "competition" component of sport while providing them with the opportunity to showcase their skills in a fun and interactive environment. The focus of the event is on individual skill improvement and therefore performances are not ranked. Instead of the traditional podium presentations for placing first, second and third, all skaters receive a certificate indicating their overall performance levels (Gold, Silver or Bronze).

For additional information on the CanSkate Challenge Event please visit the <u>CanSkate Event Resource</u> (English) – Materials Catalogue (skatecanada.ca)

Arena Size 79x180

REGISTRATION: https://bsvnskatingclub.uplifterinc.com/

Registration Deadline – Wednesday January 29, 2025 – 11:59pm

For additional information:

Carol Light Boissevain Skating Club

204-570-0433 (c)

carol.evenson2010@gmail.com <u>bsvnskatingclub@gmail.com</u>

ENTRY FEES: Entry fees can be:

Cheque mail to: eTransfer:

Boissevain Skating Club <u>bsvnskatingclub@gmail.com</u>

Box 1041 please include the skaters name in the memo

Boissevain, MB ROK 0E0

First Event: \$40.00

Additional event: \$10.00 each

Team Events: \$10.00 per skater for the team event (teams of 2). Each team member needs to register.

A \$3 Official Development Fee will be added per event per entry

A \$5 Synchro Seminar Fee will be included per skater

REFUNDS: No refunds will be given after the closing date of entries of the CanSkate Challenge Event.

CLOTHING: Mittens, sweaters and athletic attire are allowed (Dresses may be worn if you so choose). No jeans please.

EVENT SCHEDULE: The CanSkate Challenge Event schedule will be emailed to *only the coaches* to distribute to their skaters. Please ensure that the coach's email address is included with the registration form or a detailed schedule will not be received.

ON-SITE REGISTRATION: Skaters must sign in at the Boissevain Agricultural Arena 30 minutes prior to their first scheduled event. If a skater arrives after the event has started they will not be allowed to participate in that event. However, if a skater is unable to attend please contact Carol Light 204-570-0433 (cell)

HELMET USE POLICY – All CanSkate participants up to and including Stage 5 must wear a CSA approved hockey helmet while on the ice. A skater beyond a CanSkate Stage 5 level that chooses to wear a CSA approved hockey helmet during an event will not be subjected to any deductions in relation to the use of a CSA approved hockey helmet.

EVENTS TO BE HELD

CanSkate Events

- Stage 1:
 - Skaters who have not yet completed the full Stage 1 badge requirements
- Stage 2:
 - Skaters who have completed Stage 1 but not the complete Stage 2 badge requirements
- Stage 3:
 - Skaters who have completed Stage 2 but not the complete Stage 3 badge requirements
- Stage 4:
 - o Skaters who have completed Stage 3 but not the complete Stage 4 badge requirements
- Stage 5:
 - Skaters who have completed Stage 4 but not the complete Stage 5 badge requirements
- Stage 6:
 - Skaters who have completed Stage 5 but not the complete Stage 6 badge requirments

1. CanSkate Challenge Event

- Stage 1:
 - Forward push/glide sequence
 - Forward two-foot jump
 - Backward two-foot skating/walking
- Stage 2:
 - Forward two-foot sculling
 - o Forward two-foot turn
 - Backward two-foot to one-foot glide
- ❖ Stage 3:
 - Backward two-foot sculling
 - Forward circle thrusts
 - Backward two-foot jump
- ❖ Stage 4:
 - o Forward one-foot turn
 - Forward crosscuts
 - o Backward circle-thrusts or pumps
 - o Two-foot jump forward to backwards and backwards to forwards

^{*}Note: Skaters have the option to skate up one level with approval from their CanSkate Coach

❖ Stage 5:

- Forward inside edges
- Forward two-foot side stop
- Backward push glide sequence
- Forward power jump

❖ Stage 6:

- Forward outside edges
- Forward one-foot side stop
- Forward/backward and backward/forward c-steps
- Backward perimeter skating with crosscuts

2. CanSkate Team Event

- Teams will be comprised of 2 skaters; teams may be made up of skaters from different clubs. The entire flight goes out for a four-minute warm-up. Once at the boards, the first skater from each team will go and skate all of their elements twice before returning to the boards. For example, first skater will skate a forward 2-foot turn-twice, forward 2 foot sit glide-twice. Once all of the first skaters from each team have skated, then the second skaters from each team will go out and skate all of their elements twice before returning to the boards.
 - CanSkate Stage 1-2
 - Forward push/glide sequence
 - Forward two foot jump
 - Forward two foot sculling
 - Forward two foot turn
 - CanSkate Stage 3-4
 - Backward two foot sculling
 - Backward two foot jump
 - Backward circle thrusts or pumps
 - Two foot jump forward to backwards and backwards to forwards
 - CanSkate Stage 5-6
 - Forward inside edges
 - Forward power jump
 - Forward spiral
 - Backward toe-assisted jump

3. CanSkate Creative Improv Event

- 30 second piece of music
- ½ ice
- Skaters may not have passed any STARSkate Assessment

4. Synchro Team Seminar

 All skaters registered for the CanSkate Challenge Event will be included in the Synchro Team Building Seminar. Skaters will be working together learning Synchro Elements, team building skills and having lots of fun with our Coaches!

5. Program Assistants

We are hosting a CanSkate Officials Training Session the morning of our event. If your Club has 1 or 2
PA's that they would like to send to help us out for the day and gain some experience as an Official
and some Coaching Tips and Tricks please email Carol carol.evenson2010@gmail.com for all the
details